

Swim Wales Summer Meet 2025 - 30/07/2025 to 03/08/2025

Meet Program - Session 8 - Warmup 11.25 - 12.25

Event 321 Female 12-14 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 19 Prelims

1				—
2				—
3	Elson, Layla	12	Co Cardiff	3:16.25
4	Kurys, Bonnie	12	Nofio S Gar	3:15.21
5	Morgan, Amelia	12	Bridgend Cty	3:15.28
6				—
7				—
8				—

Heat 2 of 19 Prelims

1				—
2	Prevel, Tilly	12	Pembs Cty	3:14.80
3	Britton, Nahla	12	Co Cardiff	3:14.45
4	Cox, Amelia	12	Co Cardiff	3:13.43
5	Thomas, Amelie	12	Rhondda	3:14.00
6	Morris, Blair	12	Neath	3:14.71
7	Jones, Habiba	12	Bebington	3:15.00
8				—

Heat 3 of 19 Prelims

1	Griffiths, Isla	12	Tenby	3:11.20
2	Pease, Una	12	Io Man	3:10.71
3	Edwards, Beca	12	NofioGwynedd	3:10.02
4	Bidgood, Evie	13	Co Cardiff	3:08.60
5	Szmigiero, Kaya	12	Aberystwyth	3:09.08
6	Williams, Evie	12	Pembs Cty	3:10.71
7	Blythe, Eva	12	Co Newport	3:11.19
8	Howells, Betsi	12	Newtown	3:12.20

Heat 4 of 19 Prelims

1	Jones, Zoey	13	Co Newport	3:08.40
2	Huang, Emma	12	Cwmbran	3:08.16
3	Harris, Chloe	13	C Dolphins	3:07.90
4	Wilman, Natalie	12	Co Cardiff	3:07.68
5	Cole, Ivy	12	Co Cardiff	3:07.87
6	May, Gwen	13	Rhondda	3:08.10
7	Henson, Jessica	12	Pembs Cty	3:08.28
8	Buckley, Ava	13	Co Cardiff	3:08.60

Heat 5 of 19 Prelims

1	Crump, Lily-May	13	Bridgend Cty	3:07.50
2	Hawkins, Lottie	12	Pembs Cty	3:06.91
3	Upton, Lily	12	Wrexham	3:06.20
4	Shephard-Morris, Tilly	13	Rhondda	3:06.01
5	Rawlinson, Martha	12	Co Newport	3:06.03
6	Hopkins, Ava	13	Rct Squad	3:06.64
7	Duggan, Grace	13	Bridgend Cty	3:07.07
8	Thomas, Eleanor	12	Co Newport	3:07.50

Heat 6 of 19 Prelims

1	Roberts, Cara-Non	13	NofioGwynedd	3:05.60
2	Morris, Ffion	13	Pembs Cty	3:04.40
3	Pitans, Caitlin	13	Swansea Aq	3:03.32
4	Keylock, Gwen	12	Wycombe Dist	3:03.26
5	Kubic, Nicola	13	Co Newport	3:03.27
6	Barry, Isabella	13	Co Cardiff	3:03.77
7	Hughes, Megan	12	C Dolphins	3:04.93
8	Salmon, Amelia	12	Rct Squad	3:05.90

Heat 7 of 19 Prelims

1	Harris, Betsi	12	Torfaen D	3:02.84
2	Greensill, Evie	12	Co Newport	3:02.63
3	Dyde, Pheobe	13	Pembs Cty	3:02.50
4	Pinnock, Betsan	13	Swansea Aq	3:02.30
5	Davies, Grace	13	Co Newport	3:02.40
6	Powell, Nina	13	Pembs Cty	3:02.63
7	Parry, Abigail	12	Nofio S Gar	3:02.71
8	Lawn, Lexi	12	Torfaen D	3:03.05

Heat 8 of 19 Prelims

1	Thrussell, Ella	13	Oswestry Ott	3:01.60
2	Morris, Besi	12	Nofio S Gar	3:01.04
3	Price, Seren-Louise	13	Nofio S Gar	3:00.10
4	Griffiths, Ffion	14	Pembs Cty	2:59.55
5	Jasinska, Maria	13	Co Newport	3:00.10
6	Kinnaird, Darcy	13	Co Cardiff	3:00.40
7	Yau, Evie	13	Co Newport	3:01.20
8	Cooksey-Owen, Mollie	12	Co Cardiff	3:02.04

Heat 9 of 19 Prelims

1	McShane, Anya	13	Co Cardiff	2:59.40
2	Williams, Lyla	14	Conwy	2:57.80
3	Francis, Molly	13	Newtown	2:57.40
4	Coles, Aria	12	Neath	2:57.32
5	Willis, Ffion	13	Torfaen D	2:57.35
6	Davies, Erin	14	C Dolphins	2:57.40
7	Davies, Eva	14	Afan Valley	2:59.10
8	Cann, Emily	14	Caerphilly	2:59.40

Heat 10 of 19 Prelims

1	Hardy, Elizabeth	14	Oswestry Ott	2:56.70
2	Elson, Caitlin	13	Wrexham	2:56.50
3	Williams, Kiera	14	Conwy	2:56.20
4	Lendnau-Moulton, Ava	14	Wrexham	2:55.40
5	Marsden, Phoebe	14	Conwy	2:55.70
6	Suffling, Isabelle	14	Flitwick	2:56.30
7	Jones, Amelia	13	Rct Squad	2:56.63
8	Davies, Indie	13	Cwmbran	2:57.10

Heat 11 of 19 Prelims

1	Young, Lily	14	Chirk	2:55.00
2	Robinson, Isla	14	Co Cardiff	2:54.50
3	Batt, Clémence	14	Holywell	2:54.01
4	Roberts, Connie-Rae	12	Co Newport	2:53.54
5	Williams, Daisy	13	Nofio Bangor	2:53.60
6	Jones, Efa	14	Co Cardiff	2:54.29
7	Short, Amelia	14	Neath	2:54.80
8	Jones Churm, Nel	14	NofioGwynedd	2:55.20

Heat 12 of 19 Prelims

1	Duggan, Grace	14	Rct Squad	2:53.45
2	Matthews, Catrin	12	Co Cardiff	2:52.56
3	Thomas-Owen, Efa	13	NofioGwynedd	2:52.20
4	Ballinger, Scarlett	14	Rhondda	2:51.50
5	Gray-Thomas, Jessica	12	Conwy	2:51.88
6	Page, Olivia	12	Co Cambridge	2:52.28
7	Brown, Alyssa	12	Rct Squad	2:53.39
8	Roberts, Lucy	14	Nofio Bangor	2:53.50

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Heat 13 Prelims (#321 Female 12-14 200 LC Meter IM)

1	Scofield, Niamh	14	Rct Squad	2:51.06	___
2	Prevete, Sofia	13	Wrexham	2:50.50	___
3	Hall, Ellena	14	Pembs Cty	2:50.35	___
4	Beasley, Evaleigh	12	Swansea Aq	2:49.95	___
5	Stubbs, Harriet	14	Co Newport	2:50.30	___
6	Davies, Elizabeth	12	Pembs Cty	2:50.46	___
7	Owen, Nel	12	NofioGwynedd	2:50.98	___
8	Ryan, Mia	14	Rct Squad	2:51.33	___

Heat 14 of 19 Prelims

1	Jasper, Lily	13	Co Cardiff	2:49.68	___
2	David, Emily	13	Cockermouth	2:48.90	___
3	Griffiths, Jessica	14	Evesham	2:48.43	___
4	Klak, Nina	13	Co Newport	2:47.60	___
5	Williams, Paige	13	Swansea Aq	2:47.71	___
6	Gettins, Bethan	13	Co Newport	2:48.63	___
7	Chauhan, Amber	13	Nofio Bangor	2:49.01	___
8	Williams, Gwenno	14	NofioGwynedd	2:49.70	___

Heat 15 of 19 Prelims

1	Williams, Layla	13	Newtown	2:46.60	___
2	O'Hara, Noelle	12	Wrexham	2:46.23	___
3	Williams, Poppy	14	Nofio Bangor	2:46.20	___
4	Pawlowski, Isabelle	13	Corby	2:46.00	___
5	Pitt, Seren	13	Co Cardiff	2:46.04	___
6	Jones, Cadi	13	Co Cardiff	2:46.22	___
7	Sherrard, Alex	13	Torfaen D	2:46.49	___
8	Hall, Isabelle	14	Pembs Cty	2:46.69	___

Heat 16 of 19 Prelims

1	Williams, Leah	14	NofioGwynedd	2:45.33	___
2	Burns, Freya	14	Nofio S Gar	2:45.03	___
3	Van Zyl, Kiara	13	Co Cardiff	2:44.73	___
4	Galdes Cutting, Daisy	14	Pembs Cty	2:44.39	___
5	Kazmiruk, Anastasiia	14	Nofio S Gar	2:44.42	___
6	Sutton, Emily	14	NofioGwynedd	2:45.00	___
7	Thurston, Rene	14	Newtown	2:45.30	___
8	Meenagh, Mai Van	13	Co Cardiff	2:45.35	___

Heat 17 of 19 Prelims

1	George, Ellie	14	Rct Squad	2:44.03	___
2	Davies, Isabella	14	Nofio S Gar	2:42.11	___
3	Reasons, Darcy	13	Torfaen D	2:38.50	___
4	Allen, Isabel	14	Co Cardiff	2:34.73	___
5	Bennett, Isla	14	Co Cardiff	2:35.57	___
6	Ribeiro, Ariana	14	Co Cardiff	2:40.73	___
7	Hughes, Nel	14	NofioGwynedd	2:42.69	___
8	Dash, Amelie	14	Pembs Cty	2:44.33	___

Heat 18 of 19 Prelims

1	Williams, Lili	14	Rct Squad	2:43.70	___
2	McQuaid, Maria	14	Co Cardiff	2:41.57	___
3	Sweet-Roberts, Pip	13	Torfaen D	2:37.58	___
4	Bates, Molly	14	Wrexham	2:33.90	___
5	Berner, Iyla	12	Nofio S Gar	2:35.52	___
6	Lewis-Jones, Idele	14	Wrexham	2:40.33	___
7	Innocent, Aurelia	14	Co Cardiff	2:42.56	___
8	McFarlane, Una	14	Pembs Cty	2:44.31	___

Heat 19 of 19 Prelims

1	Donaldson, Evie	13	Co Newport	2:43.60	___
2	Roberts, Rosie	13	Torfaen D	2:41.08	___
3	Reed, Isabella	14	Co Cardiff	2:37.11	___
4	Lewis, Harriet	13	Co Cardiff	2:33.36	___
5	Dowling, Abigail	14	Co Cardiff	2:35.22	___
6	Davies, Isla	12	Nofio S Gar	2:38.84	___
7	Keylock, Seren	14	Wycombe Dist	2:42.51	___
8	Mellor, Medi	13	Nofio Bangor	2:44.05	___

Event 322 Boys 12-14 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Prelims

1				___	
2				___	
3	Balint, Tyler	12	Rhondda	35.27	___
4	Lunt-Sullivan, Joe	12	Holywell	35.04	___
5	Bool, Iolo	12	Pembs Cty	35.24	___
6				___	
7				___	
8				___	

Heat 2 of 13 Prelims

1	Preminger, Ophir	12	Co Cardiff	34.52	___
2	Jermin, Morgan	12	Nofio S Gar	33.92	___
3	Owens, Steffan	12	Co Cardiff	33.73	___
4	Bowes, James	13	Nofio S Gar	33.40	___
5	Woodward, Ethan	13	Bridgend Cty	33.41	___
6	James, Taran	12	Bridgend Cty	33.80	___
7	Godfrey, Griffydd	12	Nofio Cymru	34.40	___
8	Davies-Green, Thomas	12	Co Cardiff	34.70	___

Heat 3 of 13 Prelims

1	Hogg, Zachary	13	Co Bradford	33.04	___
2	Swetman, Oliver	13	Co Cardiff	32.95	___
3	Jones, Owain	12	Torfaen D	32.88	___
4	Collins, Thomas	13	Penyrheol	32.80	___
5	Gilligan, Lucas	12	Rct Squad	32.81	___
6	Lloyd, Vincent-Owen	12	Swansea Aq	32.91	___
7	Martenko, Fletcher	12	Rct Squad	32.96	___
8	Green, William	13	Aberystwyth	33.30	___

Heat 4 of 13 Prelims

1	Banks, Ollie	13	Torfaen D	32.64	___
2	Staples, Max	12	Rhondda	32.55	___
3	Marques-Jones, Felix	13	Nofio S Gar	32.40	___
4	Tennant, Zeke	12	Eastbourne	32.15	___
5	Miller, Ethan	12	Ruthin	32.28	___
6	Morgan, Thomas	13	Neath	32.49	___
7	Gray-Thomas, Jayden	13	Conwy	32.60	___
8	Stanford-Jason, Matthew	12	Salisbury	32.75	___

Heat 5 of 13 Prelims

1	Moore, Hari	13	Pembs Cty	31.98	___
2	De Haan, Charlie	12	Holywell	31.79	___
3	Sheen, Evan	12	Co Newport	31.78	___
4	Bevan, Driw	13	Nofio S Gar	31.71	___
5	Jenkins, Rhys	12	Co Cardiff	31.77	___
6	Hale, William	12	Co Newport	31.79	___
7	Pugh, Bryn	12	Co Hereford	31.84	___
8	Leigh, Jacob	12	Co Cardiff	32.07	___

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Meet Program - Session 8 - Warmup 11.25 - 12.25

Heat 6 Prelims (#322 Boys 12-14 50 LC Meter Freestyle)

1	Voice, Harry	13	Newtown	31.50	___
2	Garrett, Ben	12	Merthyr Tydf	31.21	___
3	Edwards, Isaac	13	Wrexham	31.15	___
4	Cook, Noah	12	Torfaen D	30.91	___
5	Hewitt, Oscar	12	Monnow	31.05	___
6	Banner, Harry	13	Penyrheol	31.20	___
7	Ogden, George	13	Redditch	31.36	___
8	Williams, Heath	13	Wrexham	31.60	___

Heat 7 of 13 Prelims

1	Evans, Jake	13	Wrexham	30.87	___
2	Williams, Zach	14	Torfaen D	30.74	___
3	Jones, Tom	14	Clitheroe	30.70	___
4	Jones, Spencer	13	Wrexham	30.64	___
5	Chalk, Alistair	13	Co Newport	30.66	___
6	Clegg, Leo	14	Conwy	30.70	___
7	Morris, Leo	14	Nofio S Gar	30.86	___
8	Hopkins, Luc	14	Torfaen D	30.90	___

Heat 8 of 13 Prelims

1	Donnan, George	14	Holywell	30.60	___
2	Lovell, Logan	14	Swindon Dolp	30.50	___
3	Frampton, Rhydian	13	Millfield	30.30	___
4	Mrozinski, Michal	13	Conwy	30.22	___
5	Zhen, Bosco	13	Co Newport	30.25	___
6	Hughes, Fraser	13	Rhondda	30.31	___
7	King, Henri	12	Co Cardiff	30.51	___
8	Noden, Rory	13	Pembs Cty	30.64	___

Heat 9 of 13 Prelims

1	Hamer, Joe	14	Co Hereford	30.11	___
2	Jones-Walker, Noah	12	Holywell	30.10	___
3	Leonard, Harrison	14	Conwy	30.03	___
4	Thomas, Finlay	14	Brecon	29.97	___
5	Longree, David	14	Cwmbran	30.02	___
6	Baldwin, Thomas	14	Holywell	30.08	___
7	Price-Clishem, Dyfan	14	NofioGwynedd	30.10	___
8	Jones, Dafydd	13	Nofio S Gar	30.18	___

Heat 10 of 13 Prelims

1	Samuel, Jake	14	Merthyr Tydf	29.86	___
2	Evans, Sam	13	Pembs Cty	29.82	___
3	Fogarty, Oliver	13	Pembs Cty	29.47	___
4	Palmer, Evan	13	Torfaen D	29.36	___
5	Hughes, Freddy	13	Rct Squad	29.37	___
6	Mills, Thomas	14	Nofio S Gar	29.54	___
7	Bancroft, Theo	13	Monnow	29.83	___
8	Watkins, Dylan	13	Torfaen D	29.95	___

Heat 11 of 13 Prelims

1	Spruce, Noah	14	AbingdonVale	28.91	___
2	Williams, Dylan	14	Wrexham	28.58	___
3	Williams, Dylan	14	Cambrian AA	27.90	___
4	Castillo, Airam	14	Co Cardiff	26.28	___
5	Elmes, Max	14	Nofio S Gar	27.75	___
6	Gregory, Jaiden	14	Co Cardiff	28.42	___
7	Harvey-Sullivan, Oscar	13	Swansea Aq	28.87	___
8	Pound, Leon	14	Rct Squad	29.13	___

Heat 12 of 13 Prelims

1	Williams, Sion	14	Nofio Bangor	28.87	___
2	Taylor, Nicholas	14	Torfaen D	28.49	___
3	King, Ethan	13	Penyrheol	27.79	___
4	Douglas, Lucas	14	Neath	26.19	___
5	Page, Edward	14	Co Cambridge	27.68	___
6	Jones, Sam	12	Co Cardiff	28.33	___
7	Beddoes, Oliver	14	Salisbury	28.84	___
8	Hale, Oliver	14	Swansea Aq	29.02	___

Heat 13 of 13 Prelims

1	Jones, Noah	14	Torfaen D	28.87	___
2	Bastyan, Tobias-Luke	14	Torfaen D	28.43	___
3	Duggan, Elliot	14	Bridgend Cty	27.77	___
4	Linge, Reece	14	EllesmereCSA	25.99	___
5	Woodrow, Leo	14	TauntonDeane	26.37	___
6	Harwood, Jack	14	Pembs Cty	28.07	___
7	Morgan, Cole	14	C Dolphins	28.67	___
8	Stanford-Jason, Samuel	14	Salisbury	28.94	___

Event 323 Female 12-14 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 22 Prelims

1				___	
2	Vokes, Gracie	12	Caerphilly	35.96	___
3	Griffiths, Isla	12	Tenby	35.80	___
4	Prevel, Tilly	12	Pembs Cty	35.65	___
5	Robinson, Bronwen	12	Bridgend Cty	35.73	___
6	Griffiths, Gwennie	12	Merthyr Tydf	35.90	___
7	Sheppard, Evie	12	Co Cardiff	36.04	___
8				___	

Heat 2 of 22 Prelims

1	Iturbe, Carys	12	Afan Valley	35.26	___
2	Massey, Mia	13	C Dolphins	35.07	___
3	Henson, Jessica	12	Pembs Cty	34.88	___
4	Kurys, Bonnie	12	Nofio S Gar	34.80	___
5	Parry, Neli	12	NofioGwynedd	34.80	___
6	Edwards, Darcie	12	Abertillery	35.00	___
7	Elson, Layla	12	Co Cardiff	35.13	___
8	Upton, Lily	12	Wrexham	35.40	___

Heat 3 of 22 Prelims

1	Joseph, Ellie	13	C Dolphins	34.76	___
2	Roberts-Truman, Betsan	13	Neath	34.75	___
3	Kubic, Nicola	13	Co Newport	34.70	___
4	Elson, Caitlin	13	Wrexham	34.60	___
5	Percival, Bella	13	C Dolphins	34.68	___
6	Foster, Constance	12	Redditch	34.71	___
7	Williams, Eirwen	13	Neath	34.75	___
8	Williams, Evie	12	Pembs Cty	34.80	___

Heat 4 of 22 Prelims

1	Salmon, Amelia	12	Rct Squad	34.55	___
2	Williams, Lois	13	Swansea Aq	34.40	___
3	Duncan, Ava	13	Nofio S Gar	34.35	___
4	Foldi, Kristina	13	Pembs Cty	34.14	___
5	Davies, Ava-Rose	12	Nofio S Gar	34.20	___
6	Bidgood, Evie	13	Co Cardiff	34.37	___
7	Rawlinson, Martha	12	Co Newport	34.51	___
8	Willis, Chloe	13	Merthyr Tydf	34.59	___

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Heat 5 Prelims (#323 Female 12-14 50 LC Meter Freestyle)

1	Greensill, Evie	12	Co Newport	34.10	___
2	Nagib, Leila	12	Nofio Bangor	34.10	___
3	Crump, Lily-May	13	Bridgend Cty	34.05	___
4	Thomas, Eleanor	12	Co Newport	34.00	___
5	Mason, Ezmee	12	Pembs Cty	34.01	___
6	Francis, Mia	12	Pembs Cty	34.07	___
7	Pinnock, Betsan	13	Swansea Aq	34.10	___
8	Pitans, Caitlin	13	Swansea Aq	34.11	___

Heat 6 of 22 Prelims

1	Thomas, Amelie	12	Rhondda	34.00	___
2	Hawkins, Lottie	12	Pembs Cty	33.97	___
3	Edwards, Beca	12	NofioGwynedd	33.92	___
4	Francis, Molly	13	Newtown	33.80	___
5	Roberts, Cara-Non	13	NofioGwynedd	33.90	___
6	Lauder, Beatrix	12	Neath	33.93	___
7	Williams, Fay	13	Swansea Aq	33.97	___
8	Jones, Alaw	13	Nofio S Gar	34.00	___

Heat 7 of 22 Prelims

1	Cox, Amelia	12	Co Cardiff	33.69	___
2	Hughes, Megan	12	C Dolphins	33.59	___
3	Davies, Indie	13	Cwmbran	33.40	___
4	Jones, Zoey	13	Co Newport	33.27	___
5	Britton, Nahla	12	Co Cardiff	33.34	___
6	Huang, Emma	12	Cwmbran	33.40	___
7	Cooksey-Owen, Mollie	12	Co Cardiff	33.67	___
8	Morris, Ffion	13	Pembs Cty	33.70	___

Heat 8 of 22 Prelims

1	Shephard-Morris, Tilly	13	Rhondda	33.10	___
2	Price, Seren-Louise	13	Nofio S Gar	33.02	___
3	Scott, Lucy	13	Conwy	32.90	___
4	Davies, Eva	14	Afan Valley	32.75	___
5	Morris, Besi	12	Nofio S Gar	32.86	___
6	James, Isabelle	13	Rhondda	32.92	___
7	Evans, Isabel	13	Caerphilly	33.05	___
8	Barry, Isabella	13	Co Cardiff	33.24	___

Heat 9 of 22 Prelims

1	Davies, Lowri	14	Co Newport	32.72	___
2	Young, Lily	14	Chirk	32.67	___
3	Morris, Blair	12	Neath	32.63	___
4	Rogers, Emilia	14	Heads Valley	32.60	___
5	Pawlowski, Isabelle	13	Corby	32.63	___
6	Dyde, Pheobe	13	Pembs Cty	32.65	___
7	Thomas-Owen, Efa	13	NofioGwynedd	32.70	___
8	Cann, Emily	14	Caerphilly	32.75	___

Heat 10 of 22 Prelims

1	Davies, Grace	13	Co Newport	32.54	___
2	Jones, Amelia	13	Rct Squad	32.40	___
3	Willis, Ffion	13	Torfaen D	32.33	___
4	Keylock, Gwen	12	Wycombe Dist	32.24	___
5	Owen, Gwen	14	Rct Squad	32.27	___
6	Garner-Jones, Chloe	14	Caerphilly	32.40	___
7	Williamson, Megan	12	Io Man	32.43	___
8	Hardy, Elizabeth	14	Oswestry Ott	32.59	___

Heat 11 of 22 Prelims

1	Williams, Daisy	13	Nofio Bangor	32.21	___
2	Bradshaw, Eden	14	Chirk	32.20	___
3	Pedler, Lucy	14	Bridgend Cty	32.17	___
4	Munslow, Seren	13	Monnow	32.10	___
5	Harris, Betsi	12	Torfaen D	32.16	___
6	Wood, Lilly	12	Neath	32.19	___
7	Beecham, Grace	14	Cwmbran	32.20	___
8	Jasinska, Maria	13	Co Newport	32.23	___

Heat 12 of 22 Prelims

1	Ballinger, Scarlett	14	Rhondda	32.00	___
2	Sanders, Heaven-Leigh	14	Bridgend Cty	32.00	___
3	Smith, Darcey	14	Heads Valley	31.86	___
4	Harris, Chloe	13	C Dolphins	31.77	___
5	Marsden, Phoebe	14	Conwy	31.80	___
6	Davies, Erin	14	C Dolphins	31.87	___
7	Roberts, Lucy	14	Nofio Bangor	32.00	___
8	Stubbs, Harriet	14	Co Newport	32.10	___

Heat 13 of 22 Prelims

1	Lendnau-Moulton, Ava	14	Wrexham	31.73	___
2	Owen, Nel	12	NofioGwynedd	31.61	___
3	Gray-Thomas, Jessica	12	Conwy	31.59	___
4	Patterson, Hollie	14	Nofio S Gar	31.56	___
5	Long, Sadie	14	Bridgend Cty	31.57	___
6	Suffling, Isabelle	14	Flitwick	31.60	___
7	Jones, Laura	14	Clitheroe	31.69	___
8	Price, Amie	14	Rct Squad	31.75	___

Heat 14 of 22 Prelims

1	McCoole-Jones, Elen	14	Holywell	31.50	___
2	Williams, Poppy	14	Nofio Bangor	31.50	___
3	Fowler, Maisie	14	Rct Squad	31.45	___
4	Jasper, Lily	13	Co Cardiff	31.42	___
5	Williams, Gwenno	14	NofioGwynedd	31.43	___
6	Szmigiero, Kaya	12	Aberystwyth	31.49	___
7	Page, Olivia	12	Co Cambridge	31.50	___
8	Jones, Lola-Grace	13	Torfaen D	31.51	___

Heat 15 of 22 Prelims

1	Lawn, Gayle	12	Torfaen D	31.31	___
2	Scofield, Niamh	14	Rct Squad	31.30	___
3	Batt, Clémence	14	Holywell	31.28	___
4	Robinson, Isla	14	Co Cardiff	31.25	___
5	McFarlane, Una	14	Pembs Cty	31.27	___
6	Morgan-Basini, Ruby-May	13	Merthyr Tydf	31.28	___
7	Dash, Amelie	14	Pembs Cty	31.30	___
8	Jones, Efa	14	Co Cardiff	31.39	___

Heat 16 of 22 Prelims

1	Morgan, Evelyn	14	Nofio S Gar	31.11	___
2	Charrington, Lucy	12	Heads Valley	31.08	___
3	Davies, Elizabeth	12	Pembs Cty	30.98	___
4	Griffiths, Ffion	14	Pembs Cty	30.95	___
5	Griffiths, Elizabeth	14	Pembs Cty	30.96	___
6	Mitrjaikina, Kerly	13	Swansea Aq	31.06	___
7	Jones Churm, Nel	14	NofioGwynedd	31.08	___
8	Duggan, Grace	14	Rct Squad	31.15	___

Swim Wales Summer Meet 2025 - 30/07/2025 to 03/08/2025

Meet Program - Session 8 - Warmup 11.25 - 12.25

Heat 17 Prelims (#323 Female 12-14 50 LC Meter Freestyle)

1	Davies, Macy	13	Torfaen D	30.89	___
2	Williams, Layla	13	Newtown	30.88	___
3	Goodman, Lola	14	Swansea Aq	30.80	___
4	Lewis, Evie	12	Pembs Cty	30.74	___
5	Olszewska, Maya	13	Co Newport	30.79	___
6	Duggan, Grace	13	Bridgend Cty	30.83	___
7	Williams, Leah	14	NofioGwynedd	30.88	___
8	Goodman, Evie	14	Swansea Aq	30.92	___

Heat 18 of 22 Prelims

1	Gettins, Bethan	13	Co Newport	30.62	___
2	Fordham, Freya	13	Co Newport	30.59	___
3	Prevete, Sofia	13	Wrexham	30.54	___
4	Duggan, Ella	14	Rct Squad	30.42	___
5	Sedgemore, Lola	13	Neath	30.50	___
6	Kazmiruk, Anastasiia	14	Nofio S Gar	30.56	___
7	Magher, Florence	14	Trafford Met	30.60	___
8	Cooksey-Owen, Ruby-Mae	14	Co Cardiff	30.65	___

Heat 19 of 22 Prelims

1	Hopton, Evelyn	14	Wycombe Dist	30.30	___
2	Sutton, Emily	14	NofioGwynedd	30.27	___
3	Keylock, Seren	14	Wycombe Dist	30.23	___
4	Layland, Seren	14	Penyrheol	30.14	___
5	Davies, Sophia	13	Co Cardiff	30.15	___
6	Thurston, Rene	14	Newtown	30.26	___
7	O'Hara, Noelle	12	Wrexham	30.27	___
8	Pitt, Seren	13	Co Cardiff	30.35	___

Heat 20 of 22 Prelims

1	Bissicks, Cari	14	Neath	30.09	___
2	Donaldson, Evie	13	Co Newport	29.58	___
3	Reed, Isabella	14	Co Cardiff	29.22	___
4	Allen, Isabel	14	Co Cardiff	28.85	___
5	Williamson, Olivia	14	Io Man	29.12	___
6	Roberts, Rosie	13	Torfaen D	29.51	___
7	Carrington-Abraham, X	14	Worcester	29.86	___
8	Burns, Freya	14	Nofio S Gar	30.12	___

Heat 21 of 22 Prelims

1	Thomas, Carys	13	Northampton	30.05	___
2	Mellor, Medi	13	Nofio Bangor	29.56	___
3	Williams, Issie	14	Bromley	29.19	___
4	Sweet-Roberts, Pip	13	Torfaen D	28.76	___
5	Innocent, Aurelia	14	Co Cardiff	29.08	___
6	David, Emily	13	Cockermouth	29.38	___
7	Prosser, Sofia	13	Torfaen D	29.70	___
8	Galdes Cutting, Daisy	14	Pembs Cty	30.10	___

Heat 22 of 22 Prelims

1	Mustey, Elizabeth	14	Monnow	29.91	___
2	Reasons, Darcy	13	Torfaen D	29.52	___
3	Hughes, Nel	14	NofioGwynedd	29.16	___
4	Kindred, Ella	14	Co Hereford	28.58	___
5	Berner, Iyla	12	Nofio S Gar	28.93	___
6	Davies, Isla	12	Nofio S Gar	29.26	___
7	Gordon, Mabli	14	Bridgend Cty	29.63	___
8	Filmer, Gwennan	13	Nofio S Gar	30.09	___

Event 324 Boys 12-14 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Prelims

1				___	
2				___	
3	Tennant, Jace	12	Eastbourne	1:39.73	___
4	Navaratnam, Aron	12	Co Cardiff	1:39.42	___
5	Hogg, Zachary	13	Co Bradford	1:39.45	___
6				___	
7				___	
8				___	

Heat 2 of 7 Prelims

1	Hale, William	12	Co Newport	1:38.98	___
2	Davies-Green, Thomas	12	Co Cardiff	1:37.60	___
3	Staples, Max	12	Rhondda	1:36.51	___
4	Howell, Harry	12	Chirk	1:35.80	___
5	Pugh, Bryn	12	Co Hereford	1:36.38	___
6	Lewis, Henry	13	Neath	1:37.40	___
7	Owens, Steffan	12	Co Cardiff	1:38.10	___
8				___	

Heat 3 of 7 Prelims

1	Preminger, Ophir	12	Co Cardiff	1:35.22	___
2	Lloyd, Dylan	12	Rhondda	1:34.30	___
3	Backen, Frederick	13	Pembs Cty	1:34.03	___
4	Lloyd, Vincent-Owen	12	Swansea Aq	1:33.53	___
5	Mrozinski, Michal	13	Conwy	1:33.54	___
6	Gray-Thomas, Jayden	13	Conwy	1:34.20	___
7	Miller, Ethan	12	Ruthin	1:34.40	___
8	Jones, Owain	12	Torfaen D	1:35.46	___

Heat 4 of 7 Prelims

1	Bury, Gracjan	13	Wrexham	1:32.30	___
2	Batcup, Oliver	13	Swansea Aq	1:31.17	___
3	Samuel, Jake	14	Merthyr Tydf	1:29.78	___
4	Jones-Walker, Noah	12	Holywell	1:28.80	___
5	Jones, Dafydd	13	Nofio S Gar	1:29.55	___
6	Jones, Sam	12	Co Cardiff	1:30.61	___
7	Swetman, Oliver	13	Co Cardiff	1:32.29	___
8	Hewitt, Oscar	12	Monnow	1:33.31	___

Heat 5 of 7 Prelims

1	Morgan, Thomas	13	Neath	1:27.68	___
2	Edwards, Isaac	13	Wrexham	1:25.00	___
3	Tennant, Zeke	12	Eastbourne	1:21.16	___
4	Csoban, Benjamin	14	Co Newport	1:18.83	___
5	Lovell, Logan	14	Swindon Dolp	1:20.17	___
6	Williams, Dylan	14	Wrexham	1:23.10	___
7	Morgan, Cole	14	C Dolphins	1:26.22	___
8	Jones, Tom	14	Clitheroe	1:28.56	___

Heat 6 of 7 Prelims

1	Marques-Jones, Felix	13	Nofio S Gar	1:27.15	___
2	Price-Clishem, Dyfan	14	NofioGwynedd	1:24.80	___
3	Spruce, Noah	14	AbingdonVale	1:20.50	___
4	Volausek, Noah	14	Co Cardiff	1:18.18	___
5	Jones, Noah	14	Torfaen D	1:20.02	___
6	Stanford-Jason, Samuel	14	Salisbury	1:22.30	___
7	Fogarty, Oliver	13	Pembs Cty	1:26.11	___
8	McCullagh, Patrick	13	Holywell	1:27.94	___

Swim Wales Summer Meet 2025 - 30/07/2025 to 03/08/2025

Meet Program - Session 8 - Warmup 11.25 - 12.25

Heat 7 Prelims (#324 Boys 12-14 100 LC Meter Breaststroke)

1	Timbrell, George	14	Co Newport	1:27.05	___
2	Hamer, Joe	14	Co Hereford	1:24.20	___
3	Sekula, Szymon	14	Rct Squad	1:20.41	___
4	Sekula, Mateusz	14	Rct Squad	1:15.81	___
5	Taylor, Nicholas	14	Torfaen D	1:18.95	___
6	Thomas, Wilf	13	Millfield	1:21.99	___
7	Williams, Sion	14	Nofio Bangor	1:26.02	___
8	Smith, Declan	14	Neath	1:27.89	___

Event 325 Female 12-14 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 12 Prelims

1					___
2					___
3	%Philpott, Lowri SB14	14	Nofio S Gar	1:53.10	___
4	Blythe, Eva	12	Co Newport	1:44.84	___
5	%Soffe, Bronwyn SB9	13	Co Newport/12 +	1:46.10	___
6					___
7					___
8					___

Heat 2 of 12 Prelims

1	Cole, Ivy	12	Co Cardiff	1:42.91	___
2	Henson, Jessica	12	Pembs Cty	1:42.20	___
3	Pease, Una	12	Io Man	1:41.80	___
4	Thomas, Eleanor	12	Co Newport	1:41.73	___
5	Morgan, Seren	12	Co Cardiff	1:41.75	___
6	Dashfield, Olivia	12	Pembs Cty	1:42.00	___
7	McPherson, Millie	12	Holywell	1:42.20	___
8	Thomas, Amelie	12	Rhondda	1:43.00	___

Heat 3 of 12 Prelims

1	Griffiths, Gwennie	12	Merthyr Tydf	1:41.40	___
2	Davies, Connie	12	Brecon	1:41.25	___
3	Coles, Aria	12	Neath	1:40.58	___
4	Owen, Nel	12	NofioGwynedd	1:39.63	___
5	Cox, Amelia	12	Co Cardiff	1:40.37	___
6	Elson, Layla	12	Co Cardiff	1:40.67	___
7	Polverino, Tilly	12	Neath	1:41.27	___
8	Huang, Emma	12	Cwmbran	1:41.70	___

Heat 4 of 12 Prelims

1	May, Gwen	13	Rhondda	1:38.00	___
2	Williams, Layla	13	Newtown	1:37.60	___
3	Rowland, Scarlett	13	Neath	1:37.45	___
4	Upton, Lily	12	Wrexham	1:37.30	___
5	Charrington, Lucy	12	Heads Valley	1:37.40	___
6	Powell, Nina	13	Pembs Cty	1:37.60	___
7	Clement, Darcey	13	Afan Valley	1:37.70	___
8	Robinson, Bronwen	12	Bridgend Cty	1:38.62	___

Heat 5 of 12 Prelims

1	Wilde, Ayla	13	Rct Squad	1:36.87	___
2	Kubic, Nicola	13	Co Newport	1:36.46	___
3	Kurys, Bonnie	12	Nofio S Gar	1:35.98	___
4	Yau, Evie	13	Co Newport	1:35.80	___
5	Greensill, Evie	12	Co Newport	1:35.93	___
6	Jones, Habiba	12	Bebington	1:36.40	___
7	Howells, Betsi	12	Newtown	1:36.60	___
8	Bright, Daisy	13	Bridgend Cty	1:36.99	___

Heat 6 of 12 Prelims

1	Thruswell, Ella	13	Oswestry Ott	1:35.40	___
2	David, Emily	13	Cockermouth	1:34.69	___
3	Elson, Caitlin	13	Wrexham	1:34.20	___
4	Lewis, Evie	12	Pembs Cty	1:33.04	___
5	Munslow, Seren	13	Monnow	1:34.10	___
6	Shephard-Morris, Tilly	13	Rhondda	1:34.63	___
7	Wilman, Natalie	12	Co Cardiff	1:35.11	___
8	Beasley, Evaleigh	12	Swansea Aq	1:35.55	___

Heat 7 of 12 Prelims

1	Page, Olivia	12	Co Cambridge	1:32.18	___
2	Prickett, Chloe	13	Co Cardiff	1:31.46	___
3	Morgan-Basini, Ruby-May	13	Merthyr Tydf	1:31.12	___
4	Pawlowski, Isabelle	13	Corby	1:30.77	___
5	Jones, Laura	14	Clitheroe	1:31.10	___
6	Pedler, Lucy	14	Bridgend Cty	1:31.32	___
7	Hughes, Mollie	14	C Dolphins	1:32.08	___
8	Jasper, Lily	13	Co Cardiff	1:32.49	___

Heat 8 of 12 Prelims

1	Lawn, Lexi	12	Torfaen D	1:30.17	___
2	Davies, Briallen	14	Rct Squad	1:29.98	___
3	Williams, Lili	14	Rct Squad	1:29.87	___
4	Sheen, Seren	14	Co Newport	1:29.38	___
5	Kinnaird, Darcy	13	Co Cardiff	1:29.80	___
6	Mustey, Elizabeth	14	Monnow	1:29.90	___
7	Roberts, Lucy	14	Nofio Bangor	1:30.10	___
8	Roberts, Connie-Rae	12	Co Newport	1:30.29	___

Heat 9 of 12 Prelims

1	Evans, Cadi	13	Penyrheol	1:29.12	___
2	Cooksey-Owen, Ruby-Mae	14	Co Cardiff	1:28.92	___
3	Patterson, Hollie	14	Nofio S Gar	1:28.80	___
4	Young, Lily	14	Chirk	1:28.40	___
5	Van Zyl, Kiara	13	Co Cardiff	1:28.47	___
6	Batt, Clémence	14	Holywell	1:28.80	___
7	Hall, Ellena	14	Pembs Cty	1:29.03	___
8	Summerfield, Lucy	13	Nofio S Gar	1:29.25	___

Heat 10 of 12 Prelims

1	Marsden, Phoebe	14	Conwy	1:27.90	___
2	Stubbs, Harriet	14	Co Newport	1:27.00	___
3	Hopton, Evelyn	14	Wycombe Dist	1:24.45	___
4	Ribeiro, Ariana	14	Co Cardiff	1:21.59	___
5	Reasons, Darcy	13	Torfaen D	1:23.14	___
6	Berner, Iyla	12	Nofio S Gar	1:25.52	___
7	Williams, Leah	14	NofioGwynedd	1:27.30	___
8	Bissicks, Cari	14	Neath	1:28.36	___

Heat 11 of 12 Prelims

1	Mellor, Medi	13	Nofio Bangor	1:27.79	___
2	Hall, Isabelle	14	Pembs Cty	1:26.77	___
3	McQuaid, Maria	14	Co Cardiff	1:23.65	___
4	Parry, Abigail	12	Nofio S Gar	1:20.94	___
5	Davies, Isabella	14	Nofio S Gar	1:22.84	___
6	Lewis-Jones, Idele	14	Wrexham	1:25.00	___
7	Davies, Sophia	13	Co Cardiff	1:27.22	___
8	Kindred, Ella	14	Co Hereford	1:28.34	___

Swim Wales Summer Meet 2025 - 30/07/2025 to 03/08/2025**Meet Program - Session 8 - Warmup 11.25 - 12.25****Heat 12 Prelims (#325 Female 12-14 100 LC Meter Breaststroke)**

1	Lee, Seol Lucy	13	Co Cardiff	1:27.48	___
2	Kazmiruk, Anastasiia	14	Nofio S Gar	1:26.14	___
3	Lewis, Harriet	13	Co Cardiff	1:23.26	___
4	Taffetsauffer, Isabella	14	Nofio S Gar	1:17.87	___
5	Bates, Molly	14	Wrexham	1:22.10	___
6	Lawn, Gayle	12	Torfaen D	1:24.71	___
7	Filmer, Gwennan	13	Nofio S Gar	1:27.00	___
8	Jones, Cadi	13	Co Cardiff	1:28.24	___

Event 326 Boys 12-14 1500 LC Meter Freestyle (HDW)

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 2 Finals

1					___
2	Bowes, James	13	Nofio S Gar	21:45.61	___
3	Hopkins, Luc	14	Torfaen D	20:37.66	___
4	Jenkins Roberts, Frank	14	Co Cardiff	20:23.82	___
5	Butwell, Ollie	14	Co Cardiff	20:26.91	___
6	Hughes, Freddy	13	Rct Squad	20:44.15	___
7	Stanford-Jason, Matthew	12	Salisbury	22:03.50	___
8					___

Heat 2 of 2 Finals

1	Mills, Thomas	14	Nofio S Gar	19:58.79	___
2	Chalk, Alistair	13	Co Newport	19:16.83	___
3	Harvey, Hugo	14	Co Cardiff	18:53.78	___
4	Davies, Callum	14	Okehampton	18:08.00	___
5	Baldwin, Thomas	14	Holywell	18:26.02	___
6	Williams, Dylan	14	Cambrian AA	18:54.60	___
7	McCullagh, Patrick	13	Holywell	19:38.60	___
8	Frampton, Rhydian	13	Millfield	20:14.75	___